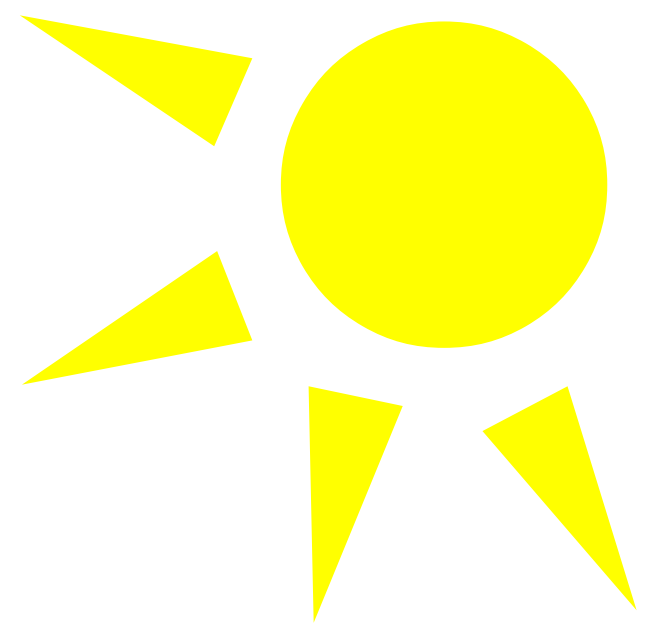


# HOUSE PHASES



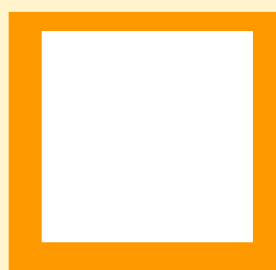
Work your way through the phases and on to bigger and better things.

Talk to your house manager for details on how to transition between levels.

If you work the steps, go to meetings, do your house chores, and complete all assignments from your sponsor and house manager, you will move through the phases as you are ready.

## PHASE 4/SENIOR

Be a leader in your home and community!

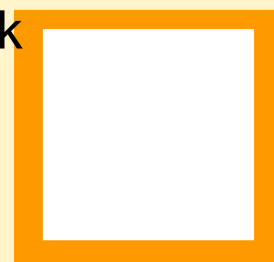


- Keep doing what you are doing!
- Mentor new people in the house
- May have visitors on the weekends
  - Friday: 4-9 pm
  - Saturday: 12-9 pm
  - Sunday: 12-6 pm
- THREE overnight passes per week
  - Weekday curfew: 11:30 pm
  - Weekend curfew: 1:30 am

## PHASE 3/JUNIOR

Reach out and support others.

- Start mentoring new people in the house
- Continue going to at four meetings/week
  - May have visitors on the weekends
    - Friday: 4-9 pm
    - Saturday: 12-9 pm
    - Sunday: 12-6 pm
  - TWO overnight passes per week
    - Weekday curfew: 10:30 pm
    - Weekend curfew: 12:30 am
- Get involved in service, if not already



## PHASE 2/SOPHOMORE

Focus On Yourself.



- Continued contact with sponsor
  - Four meetings per week
- No longer need proof of all whereabouts
- May have visitors on the weekends
  - Friday: 4-9 pm
  - Saturday: 12-9 pm
  - Sunday: 12-6 pm
- ONE overnight pass per week
  - Weekday Curfew: 8:30 pm
  - Weekend Curfew: 10:30 pm

## PHASE 1/FRESHMAN

Sit Still

- No overnight passes
- Four meetings a week
  - Pick a home group
    - Find a sponsor
- No visitors, except children
  - Can only leave for:  
IOP/treatment, Meetings, Work,  
or School
- Must have proof of whereabouts



## PHASE ZERO

Welcome to New Foundations!

- Can go to meetings with a house member
- Can only leave for work, school, IOP, doctors
  - Must have proof of whereabouts



New Foundations  
Community Housing